

# TOBACCO USE

## Current cigarette smokers:

- Twenty percent and 21% of Montana adults in 1997 and 1998, respectively, reported that they currently smoked cigarettes. Of current smokers, 46% smoked between 1/2 and 1 pack of cigarettes per day.
- The prevalence of smoking among Montana adults has remained virtually unchanged since 1990.
- Only 12% of adults aged 65 and older were current smokers; significantly less than adults in younger age classes.
- Self-reported smoking declined with increasing education level. Significantly fewer adults with a college degree (12%) reported smoking compared to 29% of adults with less than a high school education.
- Smoking rates tended to decline as annual household income increased. Less than 18% of adults with household incomes of \$35,000 and greater smoked, while over 30% of adults from households with annual earnings less than \$20,000 smoked.
- Significantly more non-whites (32%) smoke cigarettes than whites (20%).

Note: A current smoker is defined as someone who has ever smoked 100 cigarettes and who now smokes every day or some days.

## Quit smoking for at least one day in past year:

- Forty-nine percent and 45% of current smokers who smoked every day reported that they quit smoking for at least one day or longer in the past year during 1997 and 1998, respectively.
- Significantly more adults in the 18 to 29 year age class quit for one or more days than adults in older age classes.

## Current smokeless tobacco users:

- Five percent (1997) and 7% (1998) of Montana adults reported that they currently used smokeless tobacco.
- Smokeless tobacco use among Montana adults has remained virtually unchanged since 1990.
- Smokeless tobacco use among males was 12%, while use among females was less than 1%.

Note: A current smokeless tobacco user is one who reported that they currently used either chewing tobacco, snuff, or both.

## Cigar smoking:

- In 1998, 4% of Montana adults reported that they had smoked one or more cigars in the past month. Of the 72 respondents who said they smoked cigars in the past month, 37% (+/- 12%) smoked cigars on one or more days per week, while 63% (+/- 12%) smoked less than once per week. Sixteen percent (+/- 9%) smoked cigars every day.
- Like smokeless tobacco use, cigar smoking is primarily a male phenomenon, with less than 1% of females reporting that they smoked cigars.

## Healthy People 2000 Objectives:

- 3.4 Reduce cigarette smoking to a prevalence of no more than 15% among people aged 18 and older.
- 3.6 Increase to at least 50% the proportion of cigarette smokers aged 18 and older who stopped smoking cigarettes for at least one day during the preceding year.

**Table 11. Tobacco Use, Montana Adults, 1997 and 1998 (with 95% confidence intervals).**

	Current Smoker				Quit smoking for at least 1 day*				Current Smokeless Tobacco User				Smoked 1 or more cigars in the past month			
	Total No.	No.	%	CI (+/-)	Total No.	No.	%	CI (+/-)	Total No.	No.	%	CI (+/-)	Total No.	No.	%	CI (+/-)
All Adults:																
1997	1803	389	20	(2)	342	170	49	(6)	1800	77	5	(1)				
1998	1804	398	21	(2)	347	152	45	(6)	1796	105	7	(1)	1784	72	4	(1)
Combined	3607	787	21	(1)	689	322	47	(4)	3596	182	6	(1)				
Sex:																
Male	1547	337	21	(2)	292	123	43	(6)	1540	176	12	(2)	776	68	8	(2)
Female	2060	450	21	(2)	397	199	51	(5)	2056	6	0.3	(0.3)	1008	4	0.2	(0.2)
Age:																
18 - 29	610	143	23	(4)	121	75	64	(10)	609	55	10	(3)	311	14	5	(3)
30 - 44	1126	256	22	(3)	226	103	43	(7)	1123	83	8	(2)	543	30	5	(2)
45 - 64	1089	286	25	(3)	254	108	42	(7)	1084	30	3	(1)	543	24	4	(2)
65+	777	101	12	(2)	87	36	43	(11)	775	14	2	(1)	384	4	1	(1)
Education:																
<High School	360	105	29	(5)	94	45	48	(11)	359	19	6	(3)	178	8	5	(4)
High School	1176	305	25	(3)	269	122	46	(7)	1172	68	7	(2)	592	19	3	(2)
Some College	1092	250	21	(3)	220	103	47	(7)	1089	53	6	(18)	541	23	4	(2)
College Degree	974	127	12	(2)	106	52	48	(10)	971	41	5	(1)	472	22	5	(2)
Income:																
<\$10,000	175	60	32	(8)	50	24	44	(15)	175	8	6	(4)	80	2	4	(6)
\$10,000 - \$19,999	564	197	34	(4)	168	82	50	(8)	564	22	5	(2)	287	6	2	(2)
\$20,000 - \$34,999	984	211	21	(3)	186	85	46	(8)	982	64	8	(2)	461	16	3	(2)
\$35,000 - \$49,999	561	99	17	(3)	90	39	44	(11)	560	34	6	(2)	263	14	6	(3)
\$50,000+	505	63	13	(3)	52	23	44	(15)	503	23	5	(2)	260	16	6	(3)
Race:																
White, non-Hispanic	3358	709	20	(1)	623	280	45	(4)	3348	163	6	(1)	1662	66	4	(1)
Non-white or Hispanic	238	77	32	(7)	65	42	64	(14)	237	19	10	(5)	118	6	6	(5)
* Denominator is current smokers who smoke every day																

When data from 1997 and 1998 were available, 2 years of data were combined for subpopulation estimates.

Figure 11. Tobacco Use, Montana Adults, 1990-1998.

